

Dear Patients,

All too often it's the doctor, who gets all the information about the patients, and the patients get little information about the doctor and his practice; I would like to change that.

My name is Rod Dorland and I was raised in Anacortes, Washington. I went to chiropractic college at Palmer located in Davenport, Iowa and graduated March 1980. My wife Shelley is a gifted Yoga teacher. I feel very honored to have such a partner in co-creating a vital life. She and her partner run a successful yoga studio in Stanwood "Movement Arts". I have three daughters. Heather, our office manager, has been in our office since 1987 and does a million things including managing me with relaxed ease. Tracy is raising my grandson Waylon in our home town of Anacortes. Silone is my youngest, she is my snowboarder. I have a beautiful granddaughter, Maggie, who has been adjusted since she was ½ hour old and Abel, my all boy grandson all were home births and represent daily the magic of creation.

I practiced Aikido (Japanese Martial Art) for years. Over the last several years I have switched my focus to Yoga, which has no top end, as a resource for expanding health and vitality. Skiing, outdoor activities, travel, reading, family and friends round out my life quite nicely. I don't much like yard work, politics, large organizations or pills for anything.

Originally, I was inspired to be a chiropractor in the mid 70's while being adjusted in my home town of Anacortes. I was fascinated by the subject and extent of the chiropractic education. People have always fascinated me. My undergraduate degree was in Psychology and I worked in adult psychiatry at the University of Washington Hospital for a few years before going to chiropractic college.

Over the last several years I have been certified in several advanced techniques. Bio Energetic Synchronization Technique, Neurolink, Neuro Emotional Technique and Koren Specific Technique, to name a few of the more inspiring healing technologies I have been studying.

I have chosen to devote my life to the healing arts, as health and being my best has always been important to me. I am grateful I have chosen chiropractic as I love the process of healing. I like the hands on, one on one, you and me with the wisdom of the body taking on your health problem "Let's go". I believe with all my heart in the principle of chiropractic which is based on being totally respectful of the amazing, vitalistic, miraculous intelligence that took two cells and made my grandchildren. My job is to assist you in removing interference to this incredible power. I believe with all my heart in how I practice and always strive to improve it. I believe I give an excellent service for a fair fee, I want to help people and I want you to refer and continue to refer patients to me because we get excellent results and it is done without forceful adjusting. The adjustments do not hurt, they are relaxing and gentle, yet often get very quick and long lasting results.

My sincere desire is that you feel your level of health and wellness is within your control. As you make better choices and utilize services that enhance your body's own ability to repair, you can reach the level of health that you desire. The purpose of our clinic is to provide a relaxed and informal family environment to help you regain your health.

My personal promise to you is to align myself to life and vitality so that I can be a true resource for you.

Sincerely,

*Dr. Rod Dorland*